

"When Two Become One: Enhancing Sexual Intimacy in Marriage"

Christian authors to explain Lovemaking Cycle, sign books Tuesday evening at Christian Church

St. James Christian Church, 227 E. Scioto, will host Rachel and Christopher McCluskey, authors of the highly acclaimed book "When Two Become One: Enhancing Sexual Intimacy in Marriage," for a two-hour mini marriage enrichment seminar and book signing at 7 p.m. on Tuesday, June 20.

Christopher McCluskey, a

Missouri Licensed Clinical Social Worker, has long been involved in Christian psychotherapy and life coaching, but is also a pioneer in distinctly Christian sex therapy. He is a co-founder of both the Institute for Sexual Wholeness in Atlanta, Ga., and of the American Board of Christian Sex Therapists.

He and his wife Rachel live

in Edgar Springs, Mo. with their children and extended family.

Christopher and Rachel collaborated on the book and will be presenting many of its concepts and signing copies at the Christian Church meeting that night.

The McCluskeys emphasize that there is a great difference between "having sex," and "making love," two phrases used almost interchangeably in today's culture. "God has much more in store for his children than just a physical rush," they write in the book.

They explain that truly making love involves a deep, intimate knowledge of each other's deepest thoughts and beings, and is carried out on more than just a physiological basis. They maintain that true lovemaking involves the body, soul and spirit, and that none of those parts can be ignored without one or both partners feeling empty, cheated or used.

Thus, Christopher and Rachel developed a diagnostic tool, The Lovemaking Cycle, which helps couples use God's three-dimensional plan to direct their love making into a joyous celebration, rather than just having sex.

The Lovemaking Cycle is diagrammed in four sections, each with a list of signs or conditions that need to be achieved on deeper and

deeper levels as the couple grows in lovemaking skills and intimate knowledge of each other.

Atmosphere, Arouse, Apex and Afterglow are the four general stages of the cycle.

The book also has chapters addressing the more common questions that men and women have asked during the longer seminars conducted by the couple, and actual situations that Christopher has dealt with in his counseling sessions, presented in a confidential context, of course.

The McCluskeys' book, published in 2004 by Fleming H. Revell, is soon to be reissued in large-format paperback edition, he said. The book can be found locally at The Reader's Corner Bookstore in downtown Rolla, or on the web at amazon.com.

Christopher and Rachel McCluskey hope their book will help Christians and churches develop a healthy model for sexuality, and be able to discuss that aspect of human relationships in an open and respectful way, embracing the physiological pleasure, the absolute freedom, and the sacred bond of the act of making love.

For more information on the book signing and seminar, contact the St. James Christian Church at 573-234-3478.



Christopher and Rachel McCluskey
Authors of "When Two Become One"